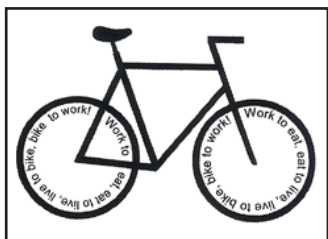




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This month's contributors:
Hilary Higgins. Thanks All!



the club online:

mtbakerbikeclub.org
chuckanutclassic.org
and our social sites:



2018 Annual Membership Meeting



MBBC \$4,500 grant to YMCA's "Cycling Without Age" program to purchase a Tricab

Great Friends shared Pizza n Beer at Jeckyl & Hyde to herald in 2018. Along with sharing success with donations to two Non-Profits, we heard all about the club from Hilary, Club President.

Hilary thanked all the ride leaders with special thanks to Doug Schoonover, Bunny Finch and Andy Rowson. We all thanked Jennifer Longstaff for being our editor for 10 years and 100 issues.

The great features on our website were explained. The website can be used to organize rides, contact other riders for spontaneous rides. Please take some time to familiarize yourself with the website, set up your profile. You can download Jenn's website user instructions from the website. Let's start using it

We learned that we now have a club account for "Ride with GPS", see website user instructions on website for info on linking up with club and GPS, or contact Doug Schoonover for the link.

There was a reminder to register your bike with "Project 529", a program for retrieving your bike if it is stolen.

Our club has over 250 members. Membership goals for 2018 - attract more Canadian riders and get more families, children and casual riders out for the family ride

Thanks for the nice party everyone!

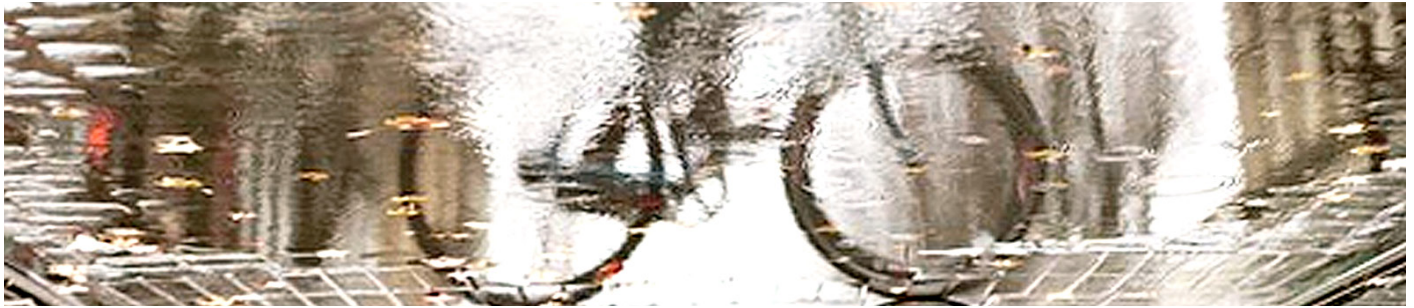


Colleen, Director of Our Treehouse, received \$6,090 raised by MBBC 2017 Chuckanut Classic

Membership Renewals Due for 2018

It's time to renew for 2018. All MBBC memberships are per full calendar year, so everyone's renewals are due each January. Many have renewed already (thank you!) - for those who still need to renew, please do so by filling out the form on page 6 and mailing it in with a check. Online renewals are also available. Check our membership page online at mtbakerbikeclub.org. Annual member dues help the club continue putting on rides and events during the year.

Happy New Year!
Here's to a wonderful 2018 of safe cycling!



Weekly and Group Rides: Winter edition

MBBC Wednesday Group Workout Ride We are into the winter schedule as of October 2017. Trail ride (bring appropriate bike - CX or Mountain) with lights. Meet at 5:45 pm, leave at 6pm from the Depot Market parking lot on Railroad Ave, across from Boundary Bay Brewery. Contact: Tim Ryan.

Sunday Fairhaven "Rabbit Ride"

Start time 8:30 am, Sundays. Riders who ride slower than 16 mph should be ready to ride at 8:15 am. Starts at Fairhaven Bike & Ski. 32 mile route down Chuckanut and back via Lake Samish. contact John: (jmhaute@comcast.net)



Sunday Edison Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time, weather may cancel. Contact Alfred: (arkley@comcast.net) or 360-527-8638.

Tuesday North-Side Social Ride starts from Pioneer Park in Ferndale, 30-40 miles, 13-16 mph route varies. 10am start time fall through winter, may be altered by weather in winter. The route is chosen based on where the riders want to regroup for lunch. Contact Robert: (rmp-4724@hotmail.com) or 360-671-6910

Thursday South-Side Social Ride starts from Edison Elementary School parking lot. 30-40 miles, 10-14 mph, route varies. 10 am start time. Contact Alfred: (arkley@comcast.net) or 360-527-8638.

Saturday Donut Ride 25 to 50 miles, race pace, departs from Kulshan Cycles, 7:30 am October through February. Goes to Ferndale and return, or if you wish continue to Birch Bay and return.

Saturday Recumbent Ride All bikes! Second Saturday of the month at 10 am. 14 miles. Start at Kulshan Cycles. This is a very relaxed social ride (avg 10 mph) with a lunch stop. May cancel depending on weather. Contact Robert: (rmp-4724@hotmail.com) or 360-671-6910



Welcome new members
We're glad to have you in the MBBC!

Atsushi Sugimoto
Cori Dorsey
Diana Gruman
John Burt
Kimbra Miller
Scott Jones
Sally Galletly
Judy Hamner
Andy Anderson
Wendy Crandall



The Long Slog 2017

2018 News on the North Puget Sound Bike Alliance

An alliance of neighboring bicycle clubs for the purpose of promoting each other's rides, enjoying riding together in our different areas, and expanding our riding numbers throughout north Puget Sound.

This alliance is made up of:

- **BIKES Club of Snohomish County**
- **Mount Baker Bicycle Club**
- **Skagit Bicycle Club**
- **Whidbey Island Bicycle Club**

Our alliance benefits each club's membership. First, members of any of our four clubs will receive a \$10 rebate when riding any distance, any of each club's signature rides:

- **McClinchy Mile: April 29th, Arlington**
- **Skagit Spring Classic, May 12th, Burlington**
- **Tour de Whidbey, August 18th, Greenbank Farm**
- **Chuckanut Classic, August 26th, Bellingham**

We will again have a "Triple Crown" award at the end of the season: Not only special prizes for those who do the century, but also some swag for those who simply ride 25 miles or more of 3 of the 4 rides.

Each club will also host a special local ride and members of all 4 clubs will be invited. The host club will take riders on one of their favorite local rides: a

"Hidden Gem" that might not be widely known to those outside of the local club. The route will be a scenic ride of 50 to 60 miles that is not included on any of the signature events. The schedule for the Hidden Gem ride series is:

- **June 9: MBBC Hidden Gem**
- **July 7: B.I.K.E.S in Snohomish County**
- **August 4: SBC in Skagit County**
- **September 8: WIBC on Whidbey Island**

Where should our "Hidden Gem" route go on June 9th? If you have route ideas, please share with Hilary.

We're looking forward to getting to know our neighboring clubs better this year and sharing some rides with each other!



Some of the events upcoming in 2018

Cycle Moles Indoor Training



CHECK OUT OUR **BRAND NEW**

Cycle Studio
Your first drop in cycle class is **FREE!**
8 week spring cycle camps **2/26-4/22**



800 McKenzie Ave, Bellingham
360.733.5050
www.betrainingtennis.com

Spring "Moles" sessions start February 26 and will get you ready for Ski to Sea! Contact Fairhaven Fitness: cyclemoles.com or 360-733-5050 Drop-In sessions also available!

Races

May - October **BMX racing**, Fridays and Saturdays; practice track open Tuesday and Thursdays.
bellinghambm.com

May 27: **Ski to Sea** skitosea.com

June 23: **Lake Padden Triathlon** cob.org/services/recreation/races/Pages/padden-triathlon.aspx

July 14: **Lake Whatcom Triathlon** lakewhatcomtriathlon.com

TBD: **7th Annual All-Girl AlleyCat** (Seattle) menstrualmonday.com

August 5: **Bellingham Youth Triathlon** - cob.org/services/recreation/races/Pages/bellingham-youth-triathlon.aspx

Sept 15: **Bellingham Traverse** recreationnorthwest.org/bellingham-traverse

Bike Month

- **National Bike Everywhere Month - May**
- **Bike to Work and School Day - May 18**
- **Adaptive Cycles Expo - TBD**
- **watch for more Bike Month events to be announced.**

Classes

Bellingham REI Cycling maintenance classes: check the monthly calendar at rei.com/stores/bellingham.html.

MBBC Ride leader training workshop - March 13
Leaders Greg & Andy.

Gatherings

Seattle Bike Swap: February 3, 9am - 2pm Magnuson Park, Hangar 30; 6310 NE 74th St. Seattle The Seattle Bike Swap is a bike bargain hunter's paradise. This huge garage sale will have great deals on new and used bike related goods of all types and sizes. \$7 Admission cascade.org/bike-swap

RECREATION NORTHWEST EXPO
Come discover your next outdoor adventure
Bellingham, WA Saturday, February 24th

Recreation Northwest Expo – Feb. 24 noon-5pm at the Bellingham Cruise Terminal, featuring sports and rec exhibitors. recreationnorthwest.org/events/recreation-northwest-expo/ Free to the public; enter the raffle online before the expo.

The MBBC will have a display table at this event and needs volunteers to staff it. volunteers@mtbakerbikeclub.org

Seattle Bike Show: March 3-4 seattlebikeshow.com
CenturyLink Field Event Center, 800 Occidental Ave 9-6 Sat; 9-5 Sun

Women on Wheels -- March 16, 6 pm at the Cascade Bicycling Center; 7787 62nd Avenue NE Seattle cascade.org/connect/women-wheels

Washington Bike Summit April 29-30 Sponsored by the Cascade Bicycle Club, the annual two-day summit brings together advocates for bicycling and safe streets with professionals in planning, design, engineering, health, education, business and tourism. Spokane Falls Community College. Registration required. <http://wabikes.org/washington-bike-summit/>

Evergreen Mountain Bike Festival – June 9, 6-8pm King County's Duthie Hill Park Bike demos, skills clinics, Kids events, family fun. Free evergreenmtb.org

Gigantic Bicycle Festival -- August 24-26 Pacific Northwest Bicycle Celebration. Weekend of music, hand-built bicycles, art, film, speakers, workshops, and many rides of different distances and skill levels. Centennial Fields Park, Snoqualmie, WA giganticbicyclefestival.org

Bike Rides: Mark Your Calendar - 2018 Edition

2018 Rides - Nearby
February 2018 25 Chilly Hilly (Bainbridge Island) cascade.org/chillyhilly
March 2018 3 Mussels in the Kettles (Coupeville) musselsinthekettles.net 17 Dandy Daffodil Tweed Ride (La Conner) thedandydaffodil.com 24 Pedal Against Trafficking Humans (Seattle) pathride.org
April 2018 2 Valley River Ride (Renton) cascade.org/rides/major-rides 8 Emerald City Bike Ride: car-free streets (Seattle) 22 Major Taylor (Seattle) cascade.org/rides/major-rides/ride-major-taylor 28 Tour de Lopez (Lopez Island) lopezisland.com/tourdelopez.htm 29 McClinchy Mile (Arlington) bikesclub.org/mcclinchy
May 2018 5 Tour de Cure (Woodinville) tour.diabetes.org 6 Bike 'n Brews (Seattle) cascade.org/seattle-bike-n-brews 12 Skagit Spring Classic (Burlington) skagitspringclassic.org 20 CrimeStoppers Canyon for a Day, (Yakima River Canyon), http://www.crimestoppersyakco.org 28 7 Hills of Kirkland (Kirkland) 7hillskirkland.com
June 2018 2 Flying Wheels (Redmond) cascade.org/flying-wheels 2 Apple Century, (Wenatchee), http://www.wenatcheesunriserotary.org/apple-century-bike-ride-home 10 Woodinville Wine Ride (Woodinville) cascade.org 23 Tour de Blast (Mt St Helens) tourdeblast.com 29 Seattle Night Ride (Seattle) www.cascade.org
July 2018 4 July 4th Ride (Bellingham-LaConner) MBBC ride 14-15 STP (Seattle to Portland) cascade.org/stp 18-22 RedSpoke (Redmond-Spokane) redspoke.org 21 Tour de Whatcom (Bellingham) tourdewhatcom.com 26 RAMROD (Mt. Rainier) redmondcyclngclub.org 28 CF Cycle for Life (Woodinville) fightcf.cff.org 29-August 4 Ride Around Washington (RAW) cascade.org/raw
August 2018 2-6 Climate Ride Pacific Northwest (Seattle, Victoria, Islands, etc) climateride.org/events/pacific-northwest 4 Tour de Lavender (Sequim) tourdelavender.wordpress.com 6 Ride the Hurricane - portangeles.org/pages/RideTheHurricane 10-12 Obliteride (Seattle) obliteride.org TBA Bill's Hills of Bellingham (MBBC ride) mtbakerbikeclub.org 17-18 RSVP (Seattle-B'ham-Vancouver BC) cascade.org/rsvp 18 Tour de Whidbey whidbeyhealth.org/giving/tour-de-whidbey 25 Courage Classic courageclassic.org 26 Chuckanut Classic (Bellingham) chuckanutclassic.org
September 2018 8 Passport2Pain (Vashon Island) passport2pain.org 8-9 Bike MS: Deception Pass Classic (Mt Vernon) bikewas.nationalmssociety.org/site/TR?fr_id=28273 23 Kitsap Color Classic (Kingston) cascade.org/kitsap-color-classic

2018 Rides - Further Away
February 2018 11 Worst Day of the Year Ride (Portland OR) worstdayride.com
March 2018 11 Gran Fondo (Ephrata) rideviciouscycle.com/events
April 2018 15 Gran Fondo (Goldendale WA) rideviciouscycle.com/events 29 Populaire (Victoria BC) randonneurs.bc.ca/victoria-populaire.htm
May 2018 5 Tour de Cure (Woodenville) tour.diabetes.org 12 Inland Empire Century (Tri-Cities) inlandempirecentury.org 19 Reach the Beach (Oregon Coast) reachthebeach.org 20 Canyon for a Day (Yakima Canyon) crimestoppersyakco.org/ 20 Lilac Century (Spokane) http://www.northdivision.com/lilac.html 20 Gran Fondo (Leavenworth WA) rideviciouscycle.com/events
June 2018 2 Apple Century (Wenatchee) applebikeride.com 10 Gran Fondo (Ellensburg WA) rideviciouscycle.com/events 16 Chafe150 Gran Fondo (Sandpoint ID) chafe150.org/ 23 Chelan Century Challenge (Lake Chelan) centuryride.com 24 Two County Double (Olympia) capitalbicycleclub.org/2County/
July 2018 14 Triple Bypass (Evergreen/Avon CO) triplebypass.org 21 Mt Evans H-Climb (Idaho Spgs CO) bicyclerace.com 22 P Valley Gran Fondo (Fort Langley BC) valleygranfondo.com
August 2018 17-18 Tour de Lentil (Pullman) lentilfest.com/activities/100k-bike-ride/ 18 CF Cycle for Life (Tri Cities) fightcf.cff.org 18 Ride Around Clark County (Vancouver WA) vbc-usa.com/racc 18 Tour de Victoria (Victoria BC) tourdevictoria.com 19 Portland Century (Portland OR) portlandcentury.com 27 High Pass Challenge (Packwood) cascade.org/hpc
September 2018 9 Spokefest (Spokane) spokefest.org 10-15 WaCanId Ride (Selkirk Loop) wacanid.org 15 Gran Fondo (Winthrop WA) rideviciouscycle.com/events 22 Coeur D'Fondo (Coeur D'Alene ID) cdagranfondo.com 24 Spokane Vlle Cycle Celebration (Spokane) cyclecelebration.com



MBBC Cascades Ride 2016

MBBC Administration

Mount Baker Bicycle Club Board of Directors and Officers:

Hilary Higgins - President
John Okan - Vice President
Jennifer Longstaff - Secretary
Dina Soda - Treasurer
Dave Dardano - Rides Coordinator
Bill McCourt, Tim Ryan, Carol Spano, Dave Dardano - at large

Project leaders:

Chuckanut Classic: John Okan and committee
New Year's Day Ride: Mark Wheatley
Newsletter: Susan Willhoft
Graphic Design: Tim Ryan
Bike to Work Day Stations: Ian McCurdy, Mary Cole



Club Bike Jerseys

The official MBBC bike jersey is available in two styles: a colorful (1) short-sleeved 3/4 zip, available in men's and women's club cut sizes (2) long-sleeved full zip thermal in men's and women's race cut. Jerseys may be ordered directly from Voler.com. voler.com/browse/collections/details/li/MtBakerBicycleClub.

MBBC members: check your email for discount code.

Contacts:

Information-- bikebeh@gmail.com
Chuckanut Classic -- chuckanut@mtbakerbikeclub.org
Newsletter -- newsletter@mtbakerbikeclub.org
volunteers@mtbakerbikeclub.org

Contribute to the MBBC newsletter

submission guidelines:

Articles, editorials, photographs, and artwork are welcome for inclusion in the newsletter. Anything related to bicycling will be considered; please discuss ideas with the editor (newsletter@mtbakerbikeclub.org) in advance to reserve newsletter space or if you have questions. Final materials are due the last Friday before the last full week of every month, though earlier submissions are appreciated. Text can be submitted in any common format, for example: plain text, HTML, MS Word, PDF. Please use JPG, PNG, or TIFF format for photos, and ensure they are at least 250 ppi. Articles may be edited for grammar, spelling, and space considerations.

Please notify the MBBC of upcoming cycling events for inclusion in the events list/calendar. Provide details plus contact information.

Classified ads are a MBBC member privilege and are printed as space is available.

individual and corporate membership forms may be downloaded at: mtbakerbikeclub.org/join-the-club/

MBBC Membership Form for 2018

☐ New Member ☐ Renewing Member ☐ This is a change of address

Last name: _____ First name: _____

Address: _____

City: _____ State: _____ Postal Code: _____

E-mail: _____

Contact telephone number: _____

Associate member: _____

(An associate member is any person living at the same address as the individual member)

Would you like to help? Volunteers are our most valuable resource.

Please check any of the boxes that appeal to you and we will be in touch:

- | | | |
|--------------------------------------------|------------------------------------------------------|-------------------------------------|
| <input type="checkbox"/> Board Member | <input type="checkbox"/> Ride Leader | <input type="checkbox"/> Newsletter |
| <input type="checkbox"/> Chuckanut Classic | <input type="checkbox"/> Bike to Work and School Day | |
| <input type="checkbox"/> Special Events | <input type="checkbox"/> Website Calendar | <input type="checkbox"/> Education |

MBBC memberships are valid January-December of each year. Renewals due every January.

Membership type:

Individual: \$20 _____
Family/Associate: \$30 _____
Additional Donation: _____
(donations support community bicycling programs)
Total enclosed: \$ _____

Please enclose a check payable to:
Mt. Baker Bicycle Club

Mail to: Mount.Baker Bicycle Club
attention: membership
Post Office Box 2702
Bellingham, Washington 98227

Volunteer Opportunities for 2018

Our appreciation and thanks to members who have helped in the past. Please consider sharing your skills, talents, and time to help keep the club running. If each of our 200+ members took on a small part the tasks would be easily and quickly done!! A few can't do everything, but everyone can do something! Drop an email to Carol Spano at volunteers@mtbakerbikeclub.org if you'd like to take on any of the following.

Become a Ride Leader Training: Tuesday, March 13, 2018. You are invited to attend training to be eligible to lead, or even set up your own MBBC rides! A reminder will be sent before the training.

Special Rides Committee Join Dave Dardano to help plan special rides. In the past MBBC rides have included the Whistler Gran Fondo, San Juan Islands, North Cascades and more!

Bike to Work & School Day Stations Help arrange for donations of food for the stations, set-up and take down, and staffing of stations in Bellingham and Everson.

MBBC Booth Events Staffing Promote the club at events such as Seattle Bike Expo, Northwest Outdoors Expo, and Community Food Co-Op events.

Chuckanut Classic Support Team up with John Okan to help with various functions: publicity (distribute posters, flyers), prep for the ride in August (road marking, pick up food for rest stops, organize rest stops), help on day of ride.

MBBC Administration Assist with behind-the-scenes work that keeps the club running. Possibilities include: manage the website calendar, update membership info, or post announcements to online forums.

Bicycle Triathlon Help brainstorm ideas Hilary is brewing: a road bike, mountain bike, cyclocross triathlon! This could be the first.



MBBC Newsletter Editors
Jennifer=100 MBBC Newsletters
Susan=this is the first one!

SQUARE



TIRES

Q: How do you know you've married a cycling addict?

A: You laundry has more bike jerseys than clothes

"I've really had it with my dog: he'll chase anyone on a bicycle."

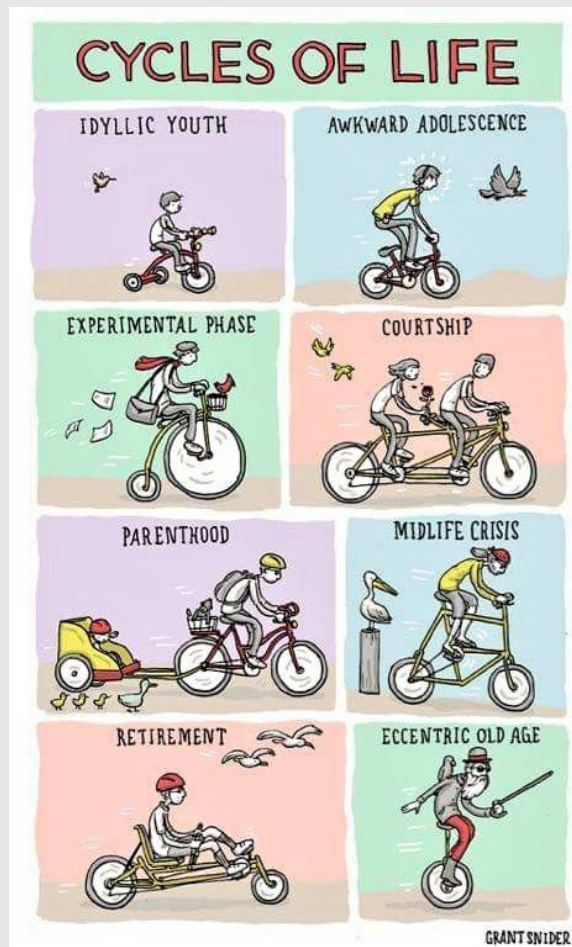
"So what are you going to do – leave him at the dog's home? Give him away? Sell him?"

"No, nothing that drastic. I think I'll just confiscate his bike."




A tandem rider is stopped by a police car. "What've I done, officer?" asks the rider.


"Perhaps you didn't notice sir, but your wife fell off your bike half a mile back . . ."

"Oh, thank God for that," says the rider – "I thought I'd gone deaf!"



Please share good bicycling jokes and cartoons with your Editor for this section.

2018 FEBRUARY	SUN	MON	TUE	WED	THU	FRI	SAT
					1	2	3 Donut Ride & Seattle Bike Swap
	4 Rabbit Ride	5	6	7 Wednesday Trail Ride	8	9	10 Donut Ride & Monthly Recumbent Ride
	11 Rabbit Ride & Worst Day of Year Ride	12		14 Wednesday Trail Ride	15	16	17 Donut Ride
	18 Rabbit Ride	19		21 Wednesday Trail Ride	22 	23	24 Recreation Northwest Expo & Donut Ride
	25 Chilly Hilly & Rabbit Ride	26	27	28 Wednesday Trail Ride			3

2018 MARCH	SUN	MON	TUE	WED	THU	FRI	SAT
	25						3 Mussels in the Kettles & Donut Ride & Seattle Bike Show
	4 Rabbit Ride	5	6	7 Wednesday Trail Ride	8	9	10 Donut Ride & Monthly Recumbent Ride
	11 Rabbit Ride & Ephrata Gran Fondo	12	13 MBBC Ride Leader Training	14 Wednesday Trail Ride	15	16 Women on Wheels	17 Dandy Daffodil Tweed Ride & Donut Ride
	18 Rabbit Ride	19	20	21 Wednesday Trail Ride	22	23	24 Pedal Against Trafficking Humans & Donut Ride
	25 Rabbit Ride	26	27	28 Wednesday Trail Ride	29	30	31 Donut Ride

The Mount Baker Bicycle Club newsletter is issued online only. Feel free to print this and share with everyone!